

How to Sanitize

Using Alcohol-Based Hand Sanitizer (ABHS)



1
Take one pump of product.



2
Rub hands palm to palm.



3
Rub right palm over top of left hand with interlaced fingers. Repeat with left palm over top of right hand.



4
Rub palms together with fingers interlaced.



5
Rub backs of fingers to opposing palms with fingers interlocked.



6
Rotate rubbing the left thumb clasped in the right palm. Repeat with right thumb clasped in the left palm.



7
Rotate rubbing backwards and forwards with clasped fingers of your right hand in your left palm. Repeat with fingers of your left hand in your right palm.



8
Rub hands together until dry.

The total process should take approximately 20 seconds.